FOOD CRAFT INSTITUTE, ALIGARH

(Under Department of Tourism, Govt. of UP)
Affiliated to National Council for Hotel Management &
Catering Technology

Food & Beverage Service



SYLLABUS



FOOD & BEVERAGE SERVICE

1. An Introduction

Food & Beverage industry is usually defined by its output of Products, to satisfy the various demands of food & drinks of people. But it doesn't include the manufacturing of food & beverage or their retailing. In today's world, the Food & Beverage Service industry has expanded a lot and now-a-days, as per calculation it is serving more than 100 million meals per day. It has spread across all walks of life. Hotels, Restaurants Industrial Canteen, Hospital Housekeeping & Canteen, Railway Catering, Airways Catering & Cabin Crew – all are now part of Food & Beverage Service Industry. The basic function of this industry is to serve food & Beverage drink to people, to satisfy their various types of needs. The main aim is to achieve customer satisfaction. The needs that customer might be seeking to satisfy are:

• Physiological: the need of special food items • Economic: the need for good value for the price paid • Social: a friendly atmosphere, to express feelings frankly • Psychological: the need for enhancement of self-esteem • Convenience: the desire for someone else to do the work. These various needs play a major role to decide the factors, responsible for defining different type of service method in Food & Beverage Service industry.

Food & Beverage Service is mainly concerned with the delivery and presentation of the food and beverages to customers. This department occupies as integral place in any hotel industry which plays a vital role in the profitability of the hotel business by providing varieties of services to the customer.

Food & Beverage department has three main operational areas, which are :-

- Food Production (Kitchen/bakery)
- Bar (Beverage)
- Restaurant (Service)

Food & Beverage Service should co-ordinate & co-operate with other different dept like H.K. dept, front office, security, accounts, human resource department, maintenance department etc.

Food & Beverage Service also include the economics consisting food & pricing, wastage control, position control & staff training which are the most important things for achieving the guest relation, satisfaction and earning the profit up to 40 % revenue.



2. Learning Objectives

After completion of the course students may be able to learn:

- Have an idea about Basic elements of Hotel
- Have Knowledge of other departments in hotel
- Know General idea about catering industry
- · Identify catering segments.
- Understand the basic principles of food & Beverage
- State different types of restaurant
- · Identify the basic Etiquette for restaurant staff
- State the basis grooming procedures
- Understand the hygienic factors
- Understand the importance of team work
- Use the Food & Beverage terms effectively
- Understand the basic preparation for service
- Understand the general layout of a restaurant
- State the Organizational Structure of restaurant
- Explain the duties and responsibilities of Various staffs in restaurants
- Handle & Use various service equipments
- Know the Co ordination with other department of hotel
- Understand various types of service offered in restaurants & Bar
- State service procedure
- Understand the procedures
- Understand the procedure for table reservation
- How to take an order
- Handle room service
- State the difference between banquets and outdoor catering
- Understand different types of menu
- Understand the basic principles of planning and evaluating menu
- Differentiate between food Service and Beverage Service
- State the different types of break fast
- Understand the classification of Beverages
- Understand the categories of alcoholic beverages
- Practice the procedure of Serving various drinks
- Understand the Variety of tobacco
- Prepare a bill and receive payments
- Acquire the basic skill required for service
- Get attitude for serving better
- Know the staff scheduling procedure
- Understand the check points and skills for restaurants & Bar supervisor
- Have clear cut idea about standard portion size
- Understand the need of customer
- Have idea about method of cooking
- Understand the usage and servicing Sauces
- Understand how to receive guests and seating them

DIPLOMA IN FOOD AND BEVERAGE SERVICE

Eligibility: Senior Secondary (10+2) or equivalent with

English as a subject.

Duration: One Year + six months in industry

Teaching hours per week: 35 Hours

Effective teaching: 34 weeks

Industrial training: 24 weeks after the annual examinations.

TEACHING AND EXAMINATION SCHEME

No.	Subject	Subject	Hours per	Term
	code		week	Marks*
		THEORY		
1	DFB-01	Food Service	5	100
2	DFB-02	Beverage Service	5	100
3	DFB-03	Food & Beverage Control	2	50
4	DCS-01	Hygiene & Sanitation	2	50
5	DCS-03	Business Communication	2	50
TOT	AL		16	350
		PRACTICAL		
5	DFB-11	Food Service	8	100
6	DFB-12	Beverage Service	8	100
7	DCS-11	Computer Awareness	1	-
8	DCS-12	Library	2	-
TOT	AL		19	200
GRA	AND TOTAL		35	550

^{*}Term Marks will comprise 30% Mid Term Marks & 70% End Term Exam Marks.

RULES AT A GLANCE

NO.	TOPIC	REQUIREMENT
1.	Attendance required to become eligible for exam	75% in aggregate
2.	Minimum pass marks for each theory subject	40%
3.	Minimum pass marks for each practical subject	50%
4.	Maximum duration to pass/clear all subjects/ papers	03 academic years

FOOD SERVICE (DFB-01)

TIME ALLOTED: 05 HOURS PER WEEK MAXIMUM MARKS: 100

ACTIVITY	MAXIMUM MARKS
Marks for attendance	5
Mid-term exam marks	25
Total (Incourse Assessment Marks)	30
End term exam marks	70
Total	100

Learning objectives: This course shall take the learner through the basic concepts of Food Service. At the end of this course the student shall be able to identify the basic styles of service. Differentiate catering establishments, appreciate table laying skills and methods used in the restaurant.

The course is planned for candidates to develop knowledge, inputs required at the entry and supervisory level of a star hotel.

UNIT	CONTENT	HOURS ALLOTTED	WEIGHTAGE FOR EXAM
1	 Hospitality Industry and the waiter History of catering Catering establishments What professional waiters do differently Inter and intra departmental cooperation 	10	05%
2	Types, care and uses of Tableware, Hollowware, Crockery, Glassware, Linen, Furniture and special Equipment used in the F&B service department	15	10%
3	 The F&B Service department Staff organisation Duties and Responsibility of the waiter The Butler Role Special skills Duties Significance of a pantry Layout Equipment Functions Silver polishing Outlets in a F&B Department-Restaurant, Bar, Banquet, Poolside, Coffee shop, Pastry shop, Night club 	15	10%

4	Preparation for service		
	Mise-en-place		
	Mise-en-scene	15	10%
	Rules of laying a table	15	10 70
	Basics of tray set up		
5	Menu and courses		
	Types of menu		
	Basic courses of a French Classical		
	Menu		
	Hors de oeuvre, Potage, Poisson,		
	Entrée, Relevee, Sorbet, Roti,	0.0	450/
	Legumes, Entremet, Savoury, Dessert,	20	15%
	Café		
	Service, examples, cover,		
	accompaniments and sideboard		
	requirements for dishes from the above courses		
	MID TERM EXAM		
6	Forms of service		
	Silver		
	American		
	Russian		
	Trolley		
	Buffet	20	15%
	Cafeteria	20	13 /0
	Family		
	• QSR		
	English		
	Room Service		
7	Breakfast Service		
	Cover, examples and menu and service		
	of ➤ Continental BF		
	> American BF	15	10%
	> English BF		1070
	➤ Indian BF		
	➤ Buffet		
8	Kitchen Stewarding		
	Role		
	Hierarchy	10	05%
	Equipment		
9	Function Catering		
	Banquets		
	BanquetsTypes		
	> Seating	15	10%
	> Menu		
	Out Door Catering		
	Events		

10	Specialised F&B Catering		
	 Airline catering Hospital catering Cruise line catering Railway Catering Catering services in Armed forces Welfare Catering 	15	10%
TOTAL	-	150	100%

BEVERAGE SERVICE (DFB-02)

MAXIMUM MARKS: 100

TIME ALLOTED: 05 HOURS PER WEEK

ACTIVITY	MAXIMUM MARKS
Marks for attendance	5
Mid-term exam marks	25
Total (Incourse Assessment Marks)	30
End term exam marks	70
Total	100

At the end of this course a student shall be able to:

- Define and classify different alcoholic and non-alcoholic beverages.
- Differentiate different beverages on the menu.
- Match wines with Indian & International food items.
- Understand alcohol strength of drinks.
- Understand effect of alcohol on human body.
- Appreciate bar operations.

	HOURS WEIGHTAGE		
UNIT	CONTENT	ALLOTTED	FOR EXAM
1	Non-alcoholic beverages	ALLOTTED	FUR EXAM
	 Classification: Stimulating, Energizing, Refreshing Brands Service 	10	05%
2	Wines		
	 Classification Production New world vs Old world wines Grape varieties Brand names Service of Red, white, sparkling wines Aperitif wines: Service and popular brands Fortified wines: Service and popular brands 	20	15%
3	Spirits		
	 Whisky, Rum, Gin, Vodka, Brandy, Tequila Classification Brands Service 	20	15%
4	Classification	10	05%
	• Ciassilication		l l

	Calarin and flavour		
	Colour and flavour Famous broads at least 10		
	Famous brands at least 10		
5	Cocktails		
	Classification		
		15	10%
	Rules of making cocktails Parity of 20 planting to a plantile.	13	10 70
	Recipe of 20 classical cocktails		
	MID TERM EXAM		
6	Beer		
	Classification		
	Service	15	100/
	Storage	15	10%
	Brands		
7	Liquor		
	 Alcohol and the human body 		
	Strength of drinks	15	10%
	Pouring measure		
8	Bar		
	Layout		
	Permitted hours		
	Opening and closing duties		
	Age and Alcohol	15	10%
	Bar Frauds		1070
	Types		
	Responsible Service and trends		
	Tresponsible dervice and trends		
9	Food and wine harmony		
	 Matching wines with international menu 	15	10%
	 Matching wines with Indian menus 	10	1070
10	Retail beverage outlets		
10			
	Coffee baristas Chai Bara		
	Chai Bars	15	10%
	• Pubs	10	1070
	Juice bars Total Moll Boll		
	Operations in FOH, MOH, BOH		
TOTA	L	150	100%
, ,	=	. 50	

FOOD & BEVERAGE CONTROL (DFB-03)

TIME ALLOTED: 02 HOURS PER WEEK

MAXIMUM MARKS: 50

ACTIVITY	MAXIMUM MARKS
Marks for attendance	2½
Mid-term exam marks	12½
Total (Incourse Assessment Marks)	15
End term exam marks	35
Total	50

Learning objectives: To help students to understand the complexities of controlling the Cost, Food & Beverage products, labour and revenue in Food & Beverage operations and maximizing profit without sacrificing the quality or quantity of the food or beverage which goes to the guest.

UNIT	CONTENT	HOURS ALLOTTED	WEIGHTAGE FOR EXAM
1	 Cost and Sales Concept Introduction Cost Concepts Sales Concepts Cost to Sales Ratio: Cost Percent 	06	10%
2	 Control Process Introduction Control The Control Process Control Systems Cost Benefit Ratio 	06	10%
3	Control CyclePurchasingReceivingStoringIssuing	09	15%
4	 Menu Engineering & Analysis Introduction Menu Engineering Menu Analysis 	09	15%
5	MID TERM EXAM Controlling Food Sales		
3	 Introduction The goals of sales control 	08	15%

	 Optimizing the number of customers Maximising the profit Controlling Revenue Revenue Control using manual means Revenue Control using computers 		
6	 Beverage Control Beverage Purchasing-Receiving- Storing – Issuing Control Beverage Production Control Inventory turnover Beverage Sales Control Guest Checks and Control 	14	20%
7	 Labour Control Labour Cost Considerations Establishing Performance Standards SOP Standard Staffing Requirements Preparing job descriptions Training Staff Monitoring Performance Taking Corrective action to address discrepancies between standards and performance 	08	15%
TOTAI	<u> </u> -	60	100%

HYGIENE AND SANITATION (DCS-01)

MAXIMUM MARKS: 50

TIME ALLOTTED: 02 HOURS PER WEEK

ACTIVITY	MAXIMUM MARKS
Marks for attendance	21/2
Mid-term exam marks	121/2
Total (Incourse Assessment Marks)	15
End term exam marks	35
Total	50

LEARNING OBJECTIVES: After completion of the subject a student will be able to:

- 1. Understand Food Microbiology, Food Contamination and Spoilage;
- 2. Follow sanitary procedure during food handling;
- 3. Understand the importance of personal hygiene
- 4. Analyse critical control points; and
- 5. Practice laws governing the food safety and standards

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No	CONTENT	TIME	WEIGHTAGE
	SON 2111	ALLOTTED	FOR EXAM
1	FOOD MICROBIOLOGY		
	 Introduction 		
	 Microorganism groups important in food 		
	microbiology		
	- Viruses	10	15%
	- Bacteria		
	Fungi (Yeast &Molds)Algae		
	- Parasites		
	Factors affecting the growth of microbes		
	Beneficial role of Microorganisms		
2	FOOD CONTAMINATION AND SPOILAGE		
	Classification Of Food		
	 Contamination And Cross 	05	10%
	Contamination		
	 Spoilages Of Various Food With The 		
	Storing Method		
3	SANITARY PROCEDURE FOLLOWED		
	DURING FOOD HANDLING		
	Receiving,		/
	Storage,	10	20%
	Preparation,		
	Cooking,		
	Holding, and		
	Service Of The Food		

	MID TERM EXAM		
4	 SAFE FOOD HANDLER Personal Hygiene discussing all the standard. Hand Washing Procedure First Aid definition, types of cuts, wounds, lacerations with reasons and precautions. 	10	15%
5	HAZARD ANALYSIS CRITICAL CONTROL POINT Introduction to HACCP History Principles of HACCP	10	15%
6	FOOD SAFETY STANDARDS AUTHORITY OF INDIA (FSSAI) Introduction to FSSAI Role of FSSAI FSSAI Compliance	05	15%
7	 GARBAGE DISPOSAL Different Methods Advantages and disadvantages Municipal Laws and Swachh Abhiyan 	10	10%
	Total	60	100%

BUSINESS COMMUNICATION (DCS-03)

TIME ALLOTTED: 02 HOURS PER WEEK

ACTIVITY	MAXIMUM MARKS
Marks for attendance	2 ½
Mid-term exam marks	12 ½
Total (Incourse Assessment Marks)	15
End term exam marks	35
Total	50

LEARNING OBJECTIVES:

Knowledge

- 1. Understand the fundamental principles of effective business communication
- 2. Identify different forms of communication
- 3. Evaluate the difference between the types of communication
- 4. Understand the concept of body language and its correct use

Competencies

- 5. Apply effective communication in today's business world
- 6. Use correct form of communication depending on business situation and circumstances
- 7. Organise ideas and express in writing and speaking
- 8. Participate effectively in groups with emphasis on listening, critical and reflective thinking and responding
- 9. Avoid common body language mistakes

Mindset

10. Understand the importance of specifying audience and purpose, and to select appropriate communication choices

No	CONTENT	TIME ALLOTTED	WEIGHTAGE FOR EXAM
1	 Introduction to Business Communication Definition Objectives Principles of effective communication Importance of good communication 	10	20%
2	Types of communication	05	10%

	Written		
	Horizontal		
	Vertical		
3	Essentials of good business letter and		
	types of letters – Official, D.O	05	15%
	types of letters – Official, D.O		
4	Letter writing		
-	Circular		
	Memo		
	Notice		
	U.O. Note		
	 Applications 	10	20%
	Bio-data (C.V.)		
	Covering letter		
	Invitations		
	Greetings		
	Apologies		
	MID TERM EVAN		
	MID TERM EXAM		
5	Communication with great and Body		
5	Communication with guest and Body		
	language		
	Effective Speaking – Polite and		
	effective enquiries & responses,	10	15%
	Addressing a group		
	 Listening and note taking skills 		
	Body language- Importance &		
	application		
6	Speech Improvement		
	Pronunciation, stress, accent		
	Importance of speech in hotels		
	Common phonetic difficulties	10	10%
	Connective drills exercises		
	Introduction to frequently used foreign		
	sounds		
	554.145		
7	Electronic modes of communication:		
	Use of telephone		
	Taking telephonic orders		
	Telephone etiquette's	10	10%
	Fax		
	E-mail and protocol		
	Responsible social media		
	TOTAL	60	100%

FOOD SERVICE PRACTICAL (DFB-11)

TIME ALLOTED: 08 HOURS PER WEEK MAXIMUM MARKS: 100

ACTIVITY	MAXIMUM MARKS
Marks for attendance	5
Mid-term exam marks	25
Total (Incourse Assessment Marks)	30
End term exam marks	70
Total	100

Learning Objective: - This course is envisaged to develop skills related to professional food service in aspiring candidates. At the end of this course a student shall be able to.

- 1. Explain different types of F&B equipment
- 2. Handle and maintain equipment according to accepted standards
- 3. Deliver quality food service in the training restaurant.

UNIT	CONTENT	HOURS
		ALLOTTED
1	Familiarization with F&B Equipment	20
2	 Importance of sanitation and hygiene Care, cleaning and polishing of F&B equipment Mise-en-place and mise-en-scene for different meal periods Pantry preparations and service 	25
3	Laying and relaying of table clothNapkin folding	25
4	 Handling of service spoon and service fork Water service Service using trays and salvers Silver service Clearance 	25
5	 Laying and service of special Table d'hôte menu Laying and service of breakfast set up on trays 	25
	MID TERM EXAM	_
6	 Service Sequence- Greeting, seating, order taking, serving and bill presenting Briefing and de briefing 	40
7	Organizing buffetsBanquet seating plan practice	30

8	Service of Indian foodQSR service	20
9	Silver polishing	15
10	Bussing and segregating waste at the dish wash	15
	Total	240

Marking scheme for Examination Food Service Practical (DFB-11)

Maximum Marks 100 Pass Marks 50

Part 'A' 25 Marks

			MARKS
1.	Uniform & Grooming	:	05
2.	Journal	:	10
3.	Viva	•	10

Part 'B' (75 Marks)

Total

			Marks
a)	Mise-en-place	:	20
b)	Service Efficiency	:	20
c)	Silver service skills	:	20
d)	Menu knowledge	:	15
	Total	:	75

NOTE:

1. The examination should test skills and knowledge of the students by assigning sets of tasks as listed in the practical syllabus under each category.

25

2. During table service each guest should pose one question to the candidate on the item being served. The invigilators can brief guests prior to service.

BEVERAGE SERVICE PRACTICAL (DFB-12)

TIME ALLOTED: 08 HOURS PER WEEK MAXIMUM MARKS: 100

ACTIVITY	MAXIMUM MARKS
Marks for attendance	5
Mid-term exam marks	25
Total (Incourse Assessment Marks)	30
End term exam marks	70
Total	100

Learning Objectives: At the end of this course a candidate shall be able to;

- 1. Use different types of glassware to serve different alcoholic and Non alcoholic beverages.
- 2. Prepare cocktails according to accepted standards.
- 3. Render different type of beverage service as per SOP.
- 4. Practice responsible service of liquor.
- 5. Do formal banquet arrangements

UNIT	CONTENT	HOURS ALLOTTED	
1	 Service of Tea and coffee Service of Non-alcoholic beverages Serving from the coffee machine Service of coffee variations 	25	
2	 Wine service – Service of Table wines, Sparkling wine, Aromatized wines and Fortified wines. Food and wine harmony Wine appreciation 	30	
3	Service of hard liquorsService of liqueurs	25	
4	Preparation and service of classical cocktails	20	
5	Service of different types of beer	20	
MID TERM EXAM			
6	Raising of toast and setting up formal banquet arrangements	30	
7	Setting up a bar	30	
8	Preparation of garnishes and mixes for the bar	20	
9	Storage of wines, beer and spirits	20	
10	Responsible Service of Liquor	20	

	•	Reacting to Trouble	
	•	Recording Incidents	
Total			240

MARKING SCHEME FOR EXAMINATION BEVERAGE SERVICE PRACTICAL (DFB-12)

Maximum Marks 100 Pass Marks 50

Part 'A' 25 Marks

			MARKS
1.	Uniform & Grooming	:	05
2.	Journal	:	10
3.	Viva	:	10

Total : 25

Part 'B' 75 Marks

			Marks
a)	Mise-en-place	:	20
b)	Service of tea/coffee	:	20
c)	Service of wine/beer	:	15
d)	Service of hard liquor/cocktails	:	20
	Tatal		7-
	IOTAI	:	75

Note:-

- 1. The examination should test skills and knowledge of the students by assigning sets of tasks as listed in the practical syllabus under each category.
- 2. The student must ensure that sideboard contains everything necessary for service.
- 3. During table service each guest should pose one question to the candidate on the item being served. The invigilators can brief guests prior to service.

COMPUTER AWARENESS (DCS-11)

TIME ALLOTTED: 01 HOURS PER WEEK

MAXIMUM MARKS: Nil

Learning Objectives:- After the completion of Computer Awareness subject, the Students will be able to:

- 1. Understand computer and its hardware & software.
- 2. To produce word document with proper for matting
- 3. To work on an excel sheet with basic functions.
- 4. Brows on net and communicate through e-mail

UNIT	CONTENT	HOURS ALLOTTED
1	 What is computer? Basic Applications of Computer Components of Computer System Central Processing Unit Keyboard, mouse and VDU Other Input devices Other Output devices Computer Memory Concept of Hardware and Software Hardware Software Application Software Systems software Concept of computing, data and information Applications of IECT e-governance Entertainment Bringing computer to life Connecting keyboard, mouse, monitor and printer to CPU Checking power supply 	4
	OPERATING COMPUTER USING GUI BASED OPERATING SYSTEM	4

) Ol : D: D	
Changing Display Properties	
To Add Or Remove A Windows Component	
Changing Mouse Properties	
Adding and removing Printers	
File and Directory Management	
Creating and renaming of files and	
directories	
UNDERSTANDING WORD PROCESSING	
Word Processing Basics	
Opening Word Processing	
Menu Bar	
➤ Using The Help	
Using The Icons Below Menu Bar	
Opening and closing Documents	
Opening Documents	
Save and Save as	
➤ Page Setup	
> Print Preview	
Printing of Documents Total Operation and promised at a principal at a	
Text Creation and manipulation	
Document Creation Editing Tout	
Editing TextText Selection	5
	5
Cut, Copy and PasteSpell check	
> Thesaurus	
Formatting the Text	
Font and Size selection	
Alignment of Text	
Paragraph Indenting	
Bullets and Numbering	
Changing case	
Table Manipulation	
➤ Draw Table	
Changing cell width and height	
Alignment of Text in cell	
➤ Delete / Insertion of row and column	
Border and shading	
USING SPREAD SHEET	
Elements of Electronic Spread Sheet	
Opening of Spread Sheet	
Addressing of Cells	
Printing of Spread Sheet	
Saving Workbooks	
Manipulation of Cells	5
Entering Text, Numbers and Dates	
Creating Text, Number and Date Series	
Editing Worksheet Data	
Inserting and Deleting Rows, Column	
Changing Cell Height and Width	
Formulas and Function	

Using Formulas	
> Function	
7 I diletion	
INTRODUCTION TO INTERNET, WWW AND WEB	
BROWSERS	
Basic of Computer Networks	
➤ Local Area Network (LAN)	
> Wide Area Network (WAN)	
Internet	
> Concept of Internet	
> Applications of Internet	
Connecting to the Internet	
> Troubleshooting	
World Wide Web (WWW) Web Browning Coffman	4
Web Browsing Software Denvior Web Browsing as frage.	
➤ Popular Web Browsing software	
Search Engines Results County Francisco / County for content	
Popular Search Engines / Search for content	
> Accessing Web Browser	
➤ Using Favourites Folder	
Downloading Web Pages	
> Printing Web Pages	
Understanding URL	
Surfing the web	
Using e-governance website	
COMMUNICATIONS AND COLLABORATION	
Basics of E-mail	
What is an Electronic Mail	
Using E-mails	
Opening Email account	
Mailbox: Inbox and Outbox	
Creating and Sending a new E-mail	
Replying to an E-mail message	3
Forwarding an E-mail message	
Sorting and Searching emails	
Document collaboration	
 Instant Messaging and Collaboration 	
Using Instant messaging	
Instant messaging providers	
> Netiquettes	
MAKING SMALL PRESENTATIONS	
Basics	
Using PowerPoint	
Opening A PowerPoint Presentation	
Saving A Presentation	
Creation of Presentation	5
Creating a Presentation Using a Template	
Creating a Blank Presentation	
➤ Entering and Editing Text	
Presentation	
Inserting And Deleting Slides in a	

 Preparation of Slides Inserting Word Table or An Excel Worksh Adding Clip Art Pictures Inserting Other Objects Resizing and Scaling an Object Presentation of Slides Viewing A Presentation Choosing a Set Up for Presentation Printing Slides And Hand-outs Slide Show Running a Slide Show Transition and Slide Timings 	eet
> Automating a Slide Show	
	30